



AMERICAN SAFETY & HEALTH INSTITUTE

MEDIC First Aid



PEDIATRIC FIRST AID | CPR AED (a.k.a. ChildcarePlus in Japan)

The purpose of the HSI Pediatric First Aid | CPR AED training program is for participants to gain or improve knowledge and skill proficiency in First Aid, CPR, and AED skills.

- ✓ HSI Pediatric First Aid | CPR AED has been approved by the HSI Medical Advisory Board and reviewed by the HSI Advisory Council.
- ✓ Reflects the latest resuscitation science and treatment recommendations published by the International Liaison Committee on Resuscitation (ILCOR).
- ✓ Conforms with the 2020 American Heart Association (AHA) Guidelines Update for CPR and ECC and the annual Guidelines Update.

Intended audience

The intended audience is individuals who are not healthcare providers or professional rescuers who desire, or are occupationally required, to be trained and certified in pediatric first aid and/or CPR AED for the child, infant and adult.

Class options

- Pediatric First Aid | CPR AED (ChildcarePlus)
- Pediatric First Aid
- CarePlus CPR & AED - Child and Infant
- CarePlus CPR & AED - Child and Adult
- CarePlus CPR & AED - All Ages

Delivery method

- Traditional Classroom

Instructional elements

- ChildcarePlus Student Book (one per participant)
- ChildcarePlus Skill Guide (one per three participants)
- ChildcarePlus Instructor Guide (one per instructor)
- ChildcarePlus media presentation (program video)

Certification period

- 2 years from month of issue

Student certification requirements

- Written evaluation: Required when specified by organizational, local, or state regulation. It is recommended for designated responders with a duty or employer expectation to respond in an emergency and provide first aid care.
- Performance evaluation: All students must perform required skills competently without assistance.

Recommended time to complete

- ChildcarePlus : 7 1/2 - 8 hours
- CarePlus CPR & AED: All Ages: 4 1/2 - 5 hours
- Pediatric First Aid: 4 hours



In Japan, course names remain as before for some long time to prevent confusion by the sudden change.

MFA JAPAN | P: 042-345-9971 | E: info@mfa-japan.com



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MEDIC
First Aid

EMS
SAFETY



Class topics

- Child and Infant Cardiac Arrest
- Adult Sudden Cardiac Arrest (SCA)
- Child, Infant, and Adult:
 - Assessment & Chest Compressions
 - Adult Rescue Breathing & Using a CPR Mask
 - Using an AED
 - One-Provider CPR AED
 - Suspected Opioid-Associated Emergency*
 - Relief of Choking
- First Aid Assessment
- Drowning
- Severe, Life-Threatening External Bleeding
- Shock
- Minor Wounds
- Tooth and Eye Injuries
- Bleeding from the Nose
- Impaled Objects*
- Amputation*
- Internal Bleeding
- Open Wounds*
- Head, Neck, or Spinal Injury
- Concussion
- Shaken Baby Syndrome
- Bone, Joint, and Muscle Injuries
- Burns
- Altered Mental Status
- Poisoning
- Difficulty Breathing and Asthma
- Severe Allergic Reaction
- Seizure
- Diabetes and Hypoglycemia
- Presyncope and Syncope
- Heat and Cold Emergencies
- Bites and Stings*

*Please note these topics may not be covered, due to the given limited time, unless desired by the participants.

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