



AMERICAN SAFETY &  
HEALTH INSTITUTE

MEDIC  
First Aid



# HSI/MFA EMERGENCY CARE TRAINING PROGRAMS

## HSI Overview

- HSI, the American Heart Association®, Inc. (AHA), and the American National Red Cross (ARC) are the largest providers of cardiopulmonary resuscitation (CPR) and first aid training in the United States.<sup>1,2</sup>
- HSI is comprised of four emergency care training program brands: the American Safety and Health Institute (ASHI), MEDIC First Aid®, EMS Safety Services, and 24-7 EMS & Fire. These four brands of training programs include a range of courses covering first aid and CPR training for the community and workplace as well as both basic and advanced life support training and continuing education for healthcare providers.
- HSI is in the process of transitioning these emergency care training program brands into a single unified one – HSI. To address the risk of confusion in the market during our brand transition, HSI training materials, including certification cards, will continue to carry the ASHI, EMS Safety, and MEDIC First Aid logos for a prolonged period until they are slowly phased out.

## Accreditation and Approval

- HSI Training Programs are approved by the HSI Medical Advisory Board and reviewed by the HSI Advisory Council.
- HSI training programs are equivalent to the training programs developed and administered by the AHA and the ARC.
- Neither HSI, the AHA, nor the ARC are recognized accreditation organizations. HSI, like the AHA and ARC, is nationally accredited by the Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE). CAPCE is the national accrediting body for Emergency Medical Services continuing education courses and course providers. HSI, like the AHA and ARC, is nationally approved by the Academy of General Dentistry (AGD) Program Approval for Continuing Education (PACE) as a continuing dental education (CDE) provider.
- HSI's emergency care training programs and brands are currently accepted, approved, or recognized as an industry credential meeting the requirements of thousands of US state regulatory agencies, occupational licensing boards, national associations, commissions, and councils in hundreds of occupations and professions.<sup>3</sup>

<sup>1</sup> Anderson ML, et al. Rates of cardiopulmonary resuscitation training in the United States. JAMA Intern Med. 2014 Feb 1;174(2):194-201 doi: 10.1001/jamainternmed.2013.11320 [Retrieved 03/01/22]

<sup>2</sup> Tsao CW, et al. Heart Disease and Stroke Statistics-2022 Update: A Report From the American Heart Association. Circulation. 2022 Feb 22;145(8):e153-e639. doi: 10.1161/CIR.0000000000001052. Epub 2022 Jan 26. PMID: 35078371 [Retrieved 03/01/22]

<sup>3</sup> It is not possible to guarantee that a HSI training program will be recognized, accepted, or approved to meet a specific institutional, employer, regulatory, or occupational licensing requirement. Prospective students should check training, credentialing, or licensing requirements before beginning training.



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## Content

- HSI/MFA emergency care training programs are current, evidence-based, and conform to:
  - The 2020 International Consensus on Cardiopulmonary Resuscitation (CPR) and Emergency Cardiovascular Care (ECC) Science with Treatment Recommendations (CoSTR) and the 2020 International Consensus on First Aid Science with Treatment Recommendations and pertinent updates published by the International Liaison Committee on Resuscitation (ILCOR).
  - The 2020 AHA Guidelines Update for CPR and ECC, the 2020 AHA and ARC Focused Update for First Aid and AHA recommendations regarding resuscitation education science (and pertinent updates).
  - National standards for pediatric first aid and CPR published by the American Academy of Pediatrics, American Public Health Association, and the National Resource Center for Health and Safety in Child Care and Early Education.
  - Recommendations of the U.S. Department of Labor Occupational Safety and Health Administration (OSHA) Best Practices Guide: Fundamentals of a Workplace First-Aid Program.
  - Established models, theories, and principles of instructional design and training development that have been integrated into HSI training program brands for more than 40 years.

## Quality Assurance

- a. HSI/MFA training programs are taught by qualified instructors affiliated with an approved training center and are authorized to certify course participants.
- b. HSI/MFA training programs that contain psychomotor skills require face-to-face, hands-on skill practice and evaluation by a current and properly authorized HSI instructor to verify skill competency prior to issuance of a certification card.
- c. HSI/MFA maintains a valid, defensible, and effective quality assurance system specifically designed to monitor and improve the performance of its approved training centers and authorized instructors.
- d. HSI is a member of the Council on Licensure, Enforcement and Regulation (CLEAR), the premiere international resource for professional regulation stakeholders.
- e. HSI is a member of the American National Standards Institute (ANSI) and ASTM International -both globally recognized leaders in the development and delivery of international voluntary consensus standards.

MFA JAPAN is a licensee of HSI and reproduces training materials in Japanese to provide MEDIC First Aid programs for Japanese participants. Training classes in English are also available.